# Adult Specialty Clinics



## **Ages 16 and older**

#### **Cardio Tennis**

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions. \*No class 5/26.

43373 M	5/11-6/15*	8-9 p.m.	\$45	KRC
43374 W	5/13-6/17	8-9 p.m.	\$54	KRC
43375 Sa	5/16-6/20	10-11 a.m.	\$54	KRC
44725 M	6/22-7/27	8-9 p.m.	\$54	KRC
44726 W	6/24-7/29	8-9 p.m.	\$54	KRC
44727 Sa	6/27-8/1*	10-11 a.m.	\$45	KRC



#### **Starter League for Adults:**

This program will assist beginner level players in establishing comfort with playing recreational Tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week sessions. \*No class on 5/25 or 7/4.

44394	M	5/11-6/15*	8-9:30 p.m.	\$60
43395	W	5/13-6/17	8-9 p.m.	\$54
43391	Sa	5/16-6/20	11 a.m12:30 p.m.	\$72
44737	M	6/22-7/27	8-9:30 p.m.	\$72
44738	W	6/24-7/29	8-9 p.m.	\$54
44739	Sa	6/27-8/1*	10-11:30 a.m.	\$60

### **Ball Machine Drills:**

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these drill clinics. Sixweek sessions.

43382 Tue	5/12-6/16	8-9:30 a.m.	\$72
43379 Tue	5/12-6/16	7-8 p.m.	\$54
43380 Thu	5/14-6/18	7-8 p.m.	\$54
44734 Tue	6/23-7/28	8-9:30 a.m.	\$72
44735 Tue	6/23-7-28	7-8 p.m.	\$54
44736 Thu	6/25-7/30	7-8 p.m.	\$54

Advance Registration is Required
Register online at:
www.tempe.gov/brochure

